

## Top Flight Gymnastics Staff Bio's and Pictures

**Nicole Allender**  
**Instructor**



Nicole Allender is a Junior at Notre Dame Academy. She has been a gymnast at Top Flight Gymnastics since she was three. Nicole was on the Artistic team for 3 years and Flyers recreational team for 3 years. "I think gymnastics is a great sport because it teaches kids to work hard and do the best they can but it is also a lot of fun."

**Clyde Arnold**  
**Martial Arts**



Coach Clyde Arnold retired from the Army Reserves in July 2007 and Top Flight Martial Arts Program Director since August 2007. Coach Arnold, has been involved in the martial arts since the age of 13. He has a Black Belt in Moo Duk Kwon Tae Kwon Do, Brown Belt in Combat Hapkido, and White Belt 2 Stripes in Gracie Jiu Jitsu as well as additional training in various other systems. Certifications include Instructor of Karate, Self Defense Instructor, and Mixed Martial Arts Instructor. Coach Arnold lives in Covington, KY with his wife of 16 years and two children, ages 14 and 9.

**Sarah McClure Batdorf**  
**Instructor**



Sarah is a Senior at Northern Kentucky University, pursuing a Bachelor's in English Literature and hopes to teach English as a second language in a Spanish or Portuguese speaking country. She loves to travel and recently returned from a trip to Africa. As a lad, Sarah developed a love for gymnastics when she watched the "magnificent seven" perform at the Olympics in Atlanta. Her most experience however is with classical ballet and has danced at NKU. Here at Top Flight, you can find her with the little ones in Preschool classes, or with the older ones in Girls Educational. The most important thing in the world to her is inspiring and encouraging kids to try new things, and is honored to work with gymnasts and parents here at Top Flight.

**Maeve Beck**  
**Instructor**



Maeve Beck is a current student at Notre Dame Academy. She has been dancing since she was three and is still dancing now. She has a background of genres of dance. Maeve loves teaching kids and seeing them improve.

Maeve has been working as an instructor for just over a year. She has recently taken over the dance program.

**Rebekkah Bennett**  
**Cheer Program Director**



Bekkah Bennett has her Bachelor's Degree in Sports Marketing from Miami University. Bekkah took tumbling & cheerleading since 1992; cheered through high school and college; was captain of Miami's cheerleading team 2 years; coached at Miami for 2 years and choreographed for several years. She has taught preschool, tumbling and cheering. Bekkah has been in the educational field since 2005 and with Top Flight since 2006. Her oldest daughter Savannah attends Top Flight with hopes her younger sister Angelina will join her soon!

**Amy Butler**  
**Office Staff**



Amy has her B.A. in Christian Counseling from Oral Roberts University and has been teaching high school math at Community Christian Academy for 15 years. She is a wife and mother of 3. All of Amy's children attended the Top Flight Preschool program when they were young. Amy enjoys cooking, reading, and gardening, and is very involved in church activities. Amy has recently joined our evening office staff.

**Leah Cann  
Instructor**



Leah Cann trained and competed as a Top Flight gymnast. Her biggest accomplishment would have been making the National T.O.P.S. team. After gymnastics, Leah tried to enjoy other sports and ended up with a cheer scholarship to Morehead State. Leah cheered on their co-ed squad her freshman year before transferring and graduating from Thomas More. She absolutely loves working with kids and enjoys coaching! Leah is thrilled to be here at Top Flight Gymnastics.

**David Cole  
President**



David Cole is the President of Top Flight Gymnastics. He has a B.S. in Physical Education/MA in Sports Administration. David was on the Jr. and Sr. High gymnastics team in Lexington and competed for ECU on the men's varsity team - co-captain his Jr. & Sr. year. He was the assistant coach during his graduate year and coached men's and women's gymnastics beginning in 1982. David teaches anything that needs to be covered on short notice. David began coaching in 1982 and has taught beginner through elite level - pre-school, girls, boys & all programs at Top Flight.

**Kristy Craddock  
Instructor**



Kristy Craddock is very excited to join the team at Top Flight Gymnastics and get the pleasure to meet each and every one of the parents, students, coaches, staff, and their families? I am a mother of one amazing 4 year old little boy Gage and just married this past September. Kristy has over ten years' experience in teaching children, coaching and cheerleading and tumbling myself. I currently have my CDA (Child Development Associate), an associate's degree in applied science of education, and just entered the bachelor program at NKU to become a PE/Health teacher. She's not only very excited to be in the classroom teaching children about health and fitness but to be back in the gym coaching athletes to achieve their dreams! She is looking forward to a successful and exciting journey here at Top Flight and the opportunity to work with each one of you!



**Shanna Doumont  
Instructor**

Shanna is a 2014 graduate of Villa Madonna Academy. She currently is working on her Bachelors degree in Communications at Thomas More College. Shanna is also a member of Thomas More's Women's Golf Team.

Shanna has worked at Top Flight since 2012. She teaches preschool classes during the week and on the weekends she enjoys working birthday parties.

**Debbie Gaines  
Office Manager**



Debbie Gaines joined Top Flight's office staff in October of 2007 and is currently the Office Manager. Debbie has several years of experience as a secretary. Her background includes secretarial, bookkeeping and web administrator skills. Her background in gymnastics was to drive her daughter Beth to class and sit and watch just like so many parents at TFG.

Debbie loves working on projects through her church and has lots of hobbies; flower arranging, cake decorating, camping and board games. She loves spending time with her husband, children and 13 grandkids (soon to be 14).

**Shelby Garcia  
Instructor**



Shelby Garcia is currently in her fourth year of college at Northern KY University, studying to be an elementary school teacher. Shelby moved here just over a year ago from Colorado Springs, Colorado where she was born and raised. She loved gymnastics as a child and even attended summer camps through Stars Gymnastics up until middle school. After playing softball for about five years, she decided to join her high school gymnastics team junior year for the great conditioning. Fitness and health are very important to her so she tries to work out at least four times a week and is even in an Adult Tumbling class here at Top Flight! Shelby is currently teaching several preschool classes, girl's educational classes and a tumbling class. Shelby loves working with children and helping them accomplish new skills, gaining self-confidence and love for the sport of gymnastics.

**MacKenzie Hammond**  
**Instructor**



MacKenzie is currently attending Northern Kentucky University where she is studying Political Science and hopes to become a lobbyist. She is a member of the Delta Zeta sorority and enjoys volunteering to benefit people with hearing and vision disabilities. MacKenzie cheered for 13 years while in elementary, middle, and high school. She was a member of Simon Kenton High School's Varsity team which qualified for state in early 2011. She trained at Top Flight various years of her cheerleading career. She is currently a phanellic delegate for her sorority, meaning she works with the other sororities at NKU on various problems, fundraising events, and public relations situations.

MacKenzie is an instructor for Preschool and Girls Education classes. Her favorite events to instruct are the uneven bars and balance beam. When she is not instructing, you can find her bonding with her sorority sisters, volunteering, studying political science and current events, and doing power tumbling.

**Jane LaBombard**  
**Instructor**



Being loud is what I'm good at and having fun with the kids is what I love. I am an Artistic Team Coach at Top Flight Gymnastics. I help coach all four events and have been coaching gymnastics since I graduated from college in 1995. I grew up in way Upstate New York where I was a level 9 gymnast. I continued my career at the University of New Hampshire as a member of the only team in the school's history (to date) to qualify for NCAA Nationals. I have coached gymnastics in New York, New Hampshire, Connecticut, and most recently, in Florida for ten years.

I also have a master's degree in Environmental Engineering from Rensselaer Polytechnic Institute. So, my full time job is a Project Engineer at the Metropolitan Sewer District of Greater Cincinnati

**Linda Madison**  
**Instructor**



I am married to Jeff. We both work in the meat department at Kroger's. For fun our family has a 1967 Ford Mustang GTA we show. We belong to a car club and raise money for various schools and nursing homes. I Have 3 kids. Eric Zinkhon-he is known for playing the guitar. He also works at Kroger as an assistant Produce manager. My second oldest is Jeff- he is known for his humor. He loves to play video games. Last but not least is my daughter Grace. She has sparked my interest back to gymnastics. I have been bringing her to open workout every Sunday TFG has it for well over a year. I taught gymnastics and coached the level IV gymnastics team at the Campbell County YMCA 32 years ago when I was 16. Wow! How this sport has evolved since then. I look forward to meeting everyone and teaching here at Top Flight.

**Robyn Marks**  
**Instructor**

Robyn Marks is from Traverse City, MI. She earned a BS degree in Industrial Engineering from Purdue University and works for a global engineering firm.

Robyn has been involved in gymnastics her entire life. She began gymnastics when she was 3 years old and competed in USAG artistic gymnastics until high school when she joined her high school gymnastics, she went to Purdue and spent time on their club team.

Robyn previously coached gymnastics in Northern Michigan and is happy to be back in the gym as a coach here at Top Flight. In her spare time, she enjoys spending time with her husband, Matt, and their cat, Biggie.

**Megan Peterson**  
**Instructor**



Megan is from the Erlanger Area, went to Simon Kenton High School, and then went to Northern KY University to study business. Megan took Gymnastics from grades 4<sup>th</sup>-9<sup>th</sup>, then followed a different direction running track for Simon Kenton. Megan has come back to Top Flight as an instructor teaching Girls Educational, Tramp & Tumbling and taught the Adult class.

On her days off, she spends time with her husband of 9 years, her dad, sister and precious niece Allison. Megan and her husband don't have children of their own, however they are extremely lucky to share that time with their furry family (2 dogs & 3 cats).

**Matt Peveley**  
**Instructor, Parkour Program Director**



Matt Peveley is a 2004 Graduate of Deer Park Jr./Sr. High School. He attended Cincinnati State Technical Community College from 2004-2006 Majoring in Network Administration and Business. Matt Currently works at AmeriSolutions Inc. providing laboratory computing support and consulting for P&G as well as coaching Tumbling and leading the Parkour Program at Top Flight. Matt was in Varsity Track and Field competed in High Jump, Long Jump, Pole Vault, and Hurdles as well as Sprints. In addition to Track and Field Matt also competed on the varsity soccer team. During this time (2002) Matt also began doing Parkour and was one of the first people in the Cincinnati area learning the new sport.

Matt started the Cincinnati Parkour organization in 2005. In the fall of 2011 Matt brought the Parkour program to Top Flight Gymnastics. Through his years training Matt attended gymnastics open gym's and began to learn Tumbling and fine tuning his skills. Matt currently coaches in the Tumbling, and Parkour Programs.



**Beth Powell**  
**Preschool Program Director &**  
**Office Staff**



Beth Powell is our Preschool Director. Beth teaches many of the preschool classes and loves working with the children. She took gymnastics, ballet and tap when she was younger. In High School she ran Cross Country, played volleyball, basketball, ran track and threw shot put. Her Junior year she was ranked # 1 in the state of KY for shot put. She loves to be active and goes for walks, bike rides and swimming. Beth attended NKU taking elementary education classes. Beth is also part of the office staff several hours per week and is the contact for team accounts.

Beth enjoys spending time with her husband Matt, 4 ½ year old son Carson and daughter Lainey, born January 3<sup>rd</sup>.

**Amanda Reed**  
**Artistic Team Director**



Amanda Reed joined Top Flight August 2008. Amanda graduated from the University of Kentucky in 2008 with top honors with a major in Kinesiology– Exercise Science. She has competed in gymnastics through Level 7. Amanda has taught at International Gymnastics camp 2 years and at Legacy and No Limits Gymnastics 4 years in Lexington, KY. She has taught gymnastics for 11 years at all levels—pre-school, recreational, tumbling, boys and competitive team and is currently director of the women’s Artistic Team Program. In 2010 she was voted Compulsory coach of the year for the state of Kentucky. Amanda has a new baby girl named Annabelle.

**Emily Scheyer**  
**Instructor**



Emily’s career started when she could hardly hold her head up! Her sister Courtney (who teaches here) started flipping her around and by age 4 she could do 10 back handsprings in a row. They would go to the local high school football field and practice tumbling and do beam routines on the bleachers. Emily started taking gymnastics class at Northern Kentucky Gymnastics when she was 4 ½. Top Flight ended up buying that school and she continued at Top Flight through level 8. Emily came back to the gym in 2009. She’s taught preschool, girls ed, tumbling and dance. Emily is head coach of Flyers.

Emily currently works at St. Elizabeth as a telemetry tech. She’s recently started taking the adult tumble fit class at Top Flight and has gotten a lot of tumbling skills back! “I love working with kids and seeing their faces light up when they get new skills!”

**Molly Shawen-Knollmann**  
**Instructor**



Molly Shawen-Kollmann is a member of our Women's Team coaching staff. Originally from Edgewood, KY, Molly began her gymnastics career at Northern Kentucky Gymnastics under coaches Bev Lenicky and David Cole. She has been an active member of the gymnastics community for 25 years as an athlete, choreographer, judge, clinician, coach and professional consultant. Achieving Elite status in 1988, she earned a spot on the US National Gymnastics Team in 1990 and remained a member until 1993. Molly has served as both a Regional and National TOPS clinician and also as a member of the US National Team Mentoring Program to guide young athletes and their families. In 1998 she was selected to participate in the USAG Program Gym-Corp, spending the summer coaching in Northern Africa. Currently living in Bellevue, KY, Molly enjoys spending time with her husband, Jason and two dogs.

**Sara Simpson**  
**Instructor**



**Alexis Smith**  
**Instructor**



Alexis Smith graduated from Campbell County High School and became a Division 1 diver at Eastern Michigan University her freshman year of college. Due to extensive injuries and surgeries, she now attends the College of Mount St. Joe, studying Biology and Psychology. She was a gymnast her whole life, acquiring many State and Regional titles. She finally retired due to injury as a level 10 gymnast here at Top Flight Gymnastics. In her free time, Alexis enjoys eating, working out, and spending time with her friends and family. She currently coaches the Level 3 and 4 girl's team as well as Girls Ed. She loves having fun with kids and ultimately teaching them all about the sport that she loves!



**Danielle Swope**  
**Instructor**



Danielle Swope went to high school at Bellevue High School. Graduated in 2011. Cheered four years, played soccer 3 years and ran track 6 years. She loves working with kids and in the summer teaches 5 & 6 year old swim classes at Coney Island. Danielle used to come to TFG when she was little. She has done competitive cheerleading from age 4 until she graduated high school.

Danielle is an instructor for several of the preschool classes as well as Trampoline and Tumbling.

**Tonya Spencer**  
**Trampoline & Tumbling Director**



Tonya was a competitive gymnast thru level 8 and then switched to Trampoline and Tumbling where she competed thru the junior elite level. Tonya medaled several times at nationals and also represented the United States three times internationally.

Tonya has been coaching for more than 20 years from the beginner to the elite level. She has had athletes medal nationally, be members of the jumpstart, odp, wag and junior national teams. Tonya has presented at both regional and national congress. She is a category 2 trampoline judge and a Nationally rated Trampoline and Tumbling coach. Tonya also has her degree in Business/EBusiness.

**Brittney Taylor**  
**Office Staff**



Brittany Taylor graduated from Community Christian Academy in 2013. I currently attend Gateway Community and Technical College. She is studying visual communication, and hopes to graduate by 2016. She loves music, art and creativity. She enjoys singing at church.

**Kirk Wallace**  
**Instructor**



Kirk Wallace is a Junior at Northern Kentucky University. Kirk just finished his Physics degree and is currently working on his mathematics degree. He is minoring in Computer Science and Honors. Kirk has been involved in gymnastics his entire life. His dad has a history in gymnastics and started him off early. Kirk maintains straight A's, runs shows for NKU's theatre department, he was 17th in the state for diving, is a first lieutenant in CAP (Cincinnati Air Patrol), and an Eagle Scout. Kirk has been an instructor 6 years at Top Flight Gymnastics with experience in T&T, Girls Ed, Tumbling, Privates, Girls Team, and Parkour.

**Amber Walter**  
**Instructor & Office Staff**



Amber Meinzer graduated from Thomas More with her bachelor in psychology. Amber is from Hamilton, Ohio. She recently married her college sweetheart! She competitively danced and tumbled from age 3 to 17. This consumed much of her time, but she found time for gymnastics at a couple different gyms, and competed on her high school gymnastics team. She was captain for her senior year. She loves listening to music and dancing any chance she gets. Amber is currently teaching preschool, koalas, developmentals, and artistic team. She enjoys working with kids, and Top Flight allows her to teach them something she has loved all of her life. Amber enjoys seeing the kids evolve into wonderful little gymnasts!

Amber joined the office staff in 2013

**Makena Warner**  
**Instructor**



Makena went to Campbell County High School, Class of 2011, graduated in the Top 20 of her class. After graduating, she studies Psychology at Northern Kentucky University.

During High School she participated in Fast Pitch Softball and, she competed on the diving team. In her first year on the Diving Team, she made it all the way to districts. Makena now teaches Pre-school, Tumbling, Trampoline & Tumbling and Girls Ed classes here at TFG, and she helps with special events and birthday parties.

**Terri Weier  
Instructor**



Terri Weier grew up in Northern KY and graduated from Eastern KY University. That's where she met her husband Bill and they have been married for 29 yrs. They have a daughter Meghan, who is 26 yrs old. When she was 3 yrs Terri put her daughter in gymnastics here at Top Flight. Soon after, she started working here. She was the Educational Director and coached the Developmentals and Level 4.

In 1999 Terri went to another gym where she coached Levels 3-8 for 13 years.

This past year she decided to semi-retire to spend more time with my family. After a couple of months she decided to come back to Top Flight. "I feel very blessed for this opportunity to be back with such a wonderful gym and staff. I look forward to meeting you the parents and helping your daughters achieve their goals."

**Rhonda White  
Girls Educational Program Director**



Rhonda White joined Top Flight in 2010. She attended a 2 yr. college in Glen Elklyn, Illinois, where she studied Childhood Education/Art. She taught infants-Pre-K for 15 years during and after college. After moving to Northern Kentucky she began to study and teach Gymnastics and has been for 17 years. She is currently the director of the Girls Educational program. "I want each girl in the program to build self-confidence, have a hard work ethic and determination. Every accomplishment, big or small matters in gymnastics."

She has 2 girls, Gracie 13 who enjoys playing the piano and Virginia 11 who loves gymnastics and is on the Artistic team here at Top Flight.

**Jenny Zimmerman  
Instructor**



Jenny Zimmerman is a stay at home mom of 3 kids. Two of which attend here at Top Flight Gymnastics. Jenny competed in gymnastics for 5 years. She attended Cincinnati State and received an associates' in Accounting. Jenny has been married for 11 years.